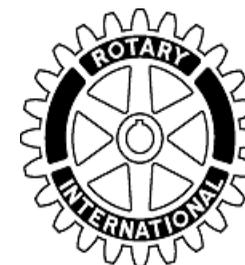


Meet Out Speaker: Amanda Crithfield

Amanda Crithfield received her Master's in Mental Health Counseling from the University of South Florida and Bachelor's in Psychology from the University of North Carolina. Soon after graduating she decided to expand her practice into grief counseling after the loss of her grandmother. She became nationally certified as a Grief Recovery Specialist from the world renowned National Grief Recovery Institute. Currently Amanda has a private practice located in downtown Safety Harbor. She specializes in grief recovery, trauma, anger management, anxiety, and mood disorders. Seeing individuals, couples, and holding two group therapy sessions for high school teens as well as adult grief stricken individuals; she is able to reach numerous people in our community who need help.



SEMINOLE SMOKE SIGNALS



ROTARY 2015-2016

Club Number 4289

October 14, 2015

PRAYER FOR TODAY: Lord, help us to sense your presence when we feel overwhelmed. Amen.

PROGRAM THIS WEEK: Amanda Crithfield, Grief Recovery Specialist

PROGRAM LAST WEEK: Aimee Horta, Health Coach

PROGRAM NEXT WEEK: Sandi Fustue, Educational Consultant

Upcoming Events:

- Oct. 28th: Ellen Homelsky, Certified Interpreter for the Deaf
- Nov. 4th: Katie McGill, Executive Director, Dress for Success Tampa Bay
- Nov. 11th: Auction Committee, Auction Update
- Nov. 14th: Auction
- Nov. 18th: Barbra Clare, Career Academy Hog project
- Nov. 25th: Ann Toney-Deal, Seminole City Manager, Meeting at Seminole Community Center
- Dec. 4th: Holiday Christmas Party at the Club at Treasure Island

Rotary Club of Seminole Officers 2015-2016:

President	Tim Ingold	Sergeant at Arms	Jim Woodworth
President Elect	Bob Matthews	Bulletin Editor	Jeff Graves/Ruth Berry
Secretary	Lorie Whitney	Past President	Gerry Miller
Treasurer	Mike McQuilkin		

District 6950 Website - www.rotary6950.org
Website - www.seminolerotary.org
Rotary Club of Seminole P.O. Box 3313 • Seminole, FL 33775-3313

Rotary and ShelterBox support Syrian refugees



A refugee family from Syria seeks shelter in cramped conditions on the Greek island of Lesbos.

In Syria, where a civil war has been raging since 2011, more than 6,000 people flee the country every day. As of September, more than 4.1 million people have become refugees, and 7.6 million more have been internally displaced.

“The plight of Syria’s refugees is a litmus test for the world’s compassion,” says Rotary International General Secretary John Hewko. “Rotary members worldwide are profoundly disheartened by the refugee crisis now unfolding in Syria and other parts of the world,” which the United Nations has described as the worst in decades.

“Rotary is following the situation closely,” Hewko says. “We know our members have an inherent desire to act, to relieve the suffering and uncertainty that displaced individuals and families are facing. We call on you to respond as Rotarians have for more than 100 years: to use your professional skills and acumen, leverage your connections to other leaders, and mobilize your local communities to provide the necessary resources and funding to address the humanitarian crisis.”

Rotary members can donate to the disaster relief efforts of our project partner [ShelterBox](#). The organization has supported the Syrian relief effort for nearly four years and is working with other agencies to continue distributing relief materials. ShelterBox is also working with communities in Greece to provide aid and supplies to displaced people passing through the region.

Rachel Harvey, a member of a ShelterBox response team that recently returned from Greece, says Syrian refugees are making dangerous crossings to the shores of Greece.

As many as 2,000 people arrive daily on Lesbos’ northern beaches, says Harvey, referring to a Greek island in the Aegean Sea off the Turkish coast. The trip from Turkey to Greece usually takes about an hour and a half. “The flimsy rubber dinghies are invariably overcrowded, and the majority of passengers can’t swim,” she says.

Harvey adds: “The experience is terrifying. Another trauma added to the layers that many of the displaced have accumulated through war in Syria or South Sudan, insecurity in Afghanistan or Pakistan. One man told me: ‘It was a nightmare. I don’t know how we got through that trip,’” she says.

Says Hewko: “We appreciate our clubs and members for their support, helping the millions of displaced people find shelter and rebuild their lives and communities. Every refugee is in our hearts and minds.”

THE FORTUNE TELLER...

In a dark and hazy room, peering into a crystal ball, the fortune teller delivered grave news:

"There's no easy way to tell you this, so I'll just be blunt. Prepare yourself to be a widow. Your husband will die a violent and horrible death this year."

Visibly shaken, the young woman stared back at the old woman's lined face, then at the single flickering candle, then down at her shaking hands.

She took a few deep breaths to compose herself. Her mind raced. A question forced its way out... she simply had to know.. She met the Fortune Teller's gaze, tried to steady her voice and asked, "Will I be acquitted?"

For some reason wives seem to like this joke